Vietnamese Balm Facial Steamers



In the warmer months, when my thoughts turn frequently to that bit of green on our back balcony and what I'm going to do with all those herbs growing out there (Mint Juleps, anyone?), my bookstore peregrinations change course ever so slightly, veering less toward fiction and more toward the gardening section, the cooking section, and, when fortune would find me in a really good bookstore, the herbal and natural medecine section. My love for folk medicine is well documented in these pages. Equally, my love of a good bath (here and here). While I've found some true gems of recipes from various sources over the years, I've yet to find my herbal skin care Bible. I would love to have a well-loved, dog-eared tome sitting on my shelf, full of pioneering wisdom and my own notes scribbled in the margins. But until such a book turns up, I continue to float.

